

**Spring Yoga Retreat - Early Bird & Christmas Discount Registration**

**Relax ॐ Recharge ॐ Retreat**

**March 22 – March 27, 2020**

**Rincon, Puerto Rico**

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**Registration Form**

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Please complete this registration form with your information and send it via email to: [anandawellnessth@gmail.com](mailto:anandawellnessth@gmail.com) or send it to the postal address: Ananda Wellness TH, 914 S. 5th Street, Terre Haute, IN 47807.

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_  
State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Tel.: \_\_\_\_\_  
Cell: \_\_\_\_\_ Email: \_\_\_\_\_  
Emergency Contact: \_\_\_\_\_ Birth Date: \_\_\_\_\_

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**Food Preferences/Needs:**

My lifestyle and food preferences are:  Vegetarian  Vegan

Other: \_\_\_\_\_

Please list any foods or beverages that you are sensitive or allergic to:

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**Additional Information:**

Your level of Yoga experience:

Beginner  Intermediate  Advanced  Teacher

Please list any physical or psychological conditions that we should know about:

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Please list any prescribed or natural medication you are taking:

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How did you learn about this retreat:  Facebook  Flyer/Poster  Other \_\_\_\_\_

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**Devaki (787) 464-5651**

**Payment Options:**

- By **paypal**, please send to anandawellnessth@gmail.com
- By **check**, please send a valid check to Ananda Wellness TH, 914 S. 5th Street, Terre Haute, IN 47807
- By **cc**

Please inform us by text (787)464 5651 with your name & amount once you paid, so we can confirm your registration!

**Please mark the option that applies to you**

- Double Bedroom with friend/family                   \$     ~~950~~ 850 (per person)
- Double Bedroom   \$     ~~1,150~~ 1,050 (per person)
- Single Bedroom   \$     ~~1,250~~ 1,150 (per person)

The retreat includes:

- accommodation for 5 nights in a shared double or single bedroom in a guest house with shared bathrooms
- daily yoga classes, meditation and kirtan
- cooking workshops
- YACEP Workshops (Yoga Alliance Continued Education Provider = YACEP)
- two vegetarian/vegan meals
- trips to local beaches, excursion to waterfall & coffee hacienda & to the art walk Rincon

**Please reserve your spot asap as space is limited by February 1st (Early Bird & Christmas Discount)**

The reservations are made in "first come, first serve manner."

**Please note** your space is only reserved once we have received your payment in full as well as the completed registration form **by each person**.

**Cancellation policy:**

Any Cancellations will be charged a \$30 processing fee!

Cancellations made after March 1 will forfeit 50% of the full retreat amount.

Cancellation after March 10 and no show at the retreat will forfeit in the full amount of retreat fee.

**With my signature, I agree to the above cancellation policies and therefore, sign up for the Yoga Retreat March 22-27,2020, Rincon, Puerto Rico, carr. 429, KM 3.5**

**Date :** \_\_\_\_\_ **Signature :** \_\_\_\_\_

**Devaki (787) 464-5651**